

Tree lighting at Physick Estate begins season



SPORTS

Lower Cape May Regional's new ice hockey team improving,

COMMUNITY

Great Cooking Exchange Monday night,

Red Cross names Volunteer of the Year, Α4

Teitelman announces honor roll. A5

ARTS

Cape May's Dicken's Week Extravaganza, A6

NATURE

Have you got it? Striper fever abounds, B2

HAPPY THANKSGIVING!

NOV/DEC. TIDE TABLE

	HIGH		LOW	
	am	pm	am	pm
11/26	6:45	7:03	12:08	12:57
11/27	7:22	7:42	12:46	1:37
11/28	7:59	8:20	1:22	2:17
11/29	8:36	8:59	1:58	2:56
11/30	9:14	9:38	2:33	3:36
12/1	9:52	10:18	3:10	4:15
12/2	10:31	11:01	3:49	4:56
12/3	11:13	11:48	4:33	5:38
1st Quarter				
Full Moon			12/12	
Last Quarter			12/19	
New Moon			11/27	

Thanksgiving Real Estate Resource inside!



Jennifer Kopp/Cape May Star and Wave

Oh, the magic of Christmas! Last Saturday night amid frigid temperatures the City of Cape May and the Mid-Atlantic Center for the Arts held its annual Tree Lighting Ceremony, right, at the Emlen Physick Estate officially starting the holiday season. The event also included a reading of 'Twas the Night Before Christmas, carols by the Cape Harmonaires and a train exhibit inside the Carriage House. Above, two year old Finn Duffey marvels at the locomotive passing his way.



Get ready folks, here come the trucks

By CHRISTOPHER SOUTH Cape May Star and Wave

CAPE MAY - After Black Friday we could get a Sandy Monday...or Tuesday, or Wednesday...but it will continue for the next six to eight

As of Monday, the Army Corps of Engineers still did not have an exact starting date for the latest cycle of beach replenishment, but said it would begin this week

The project includes trucking in 120,000 cubic yards of sand from the Albrecht and Huen quarry in Cape May Court House to the U.S. Coast Guard Training Center. The

sand will be placed on a "feeder beach" from which sand naturally migrates to the "downdraft beaches" of Cape

Project engineer Dwight Pakin said the project is part of renourishment project from Cape May Inlet to Lower Township beaches to restore beaches and reduce potential storm damage. This specific project is part of a 50-year project started in 1991, in which the Army would renourish Corps beaches from the Coast Guard base down through Cape May. The most recent phase was completed in February 2007 and included

the placement of 190,000

cubic yards of sand at beaches within the Coast Guard Training Center. The cost of that cycle was \$5 million.

Pakin said the replenishment project also counters natural erosion occurring on the south side of the federal jetties at Cape May Inlet. He

Please see Trucks, Page A9

Cape May County gives out all its flu vaccines

County urging residents to find alternate sources

By CHRISTOPHER SOUTH Cape May Star and Wave

CAPE MAY COURT HOUSE - Cape May County has given all its 7,500 flu vaccinations this season, including 1,850 on Sunday, and is urging residents to find other scheduled for yesterday. sources for flu shots.

County Health officer Kevin Thomas said residents could check with their doctors for flu shots, or they can go online at www.findaflushot.com and www.flucliniclocator.org, as well as check local newspapers for announcements.

Last Tuesday, the only flu shot clinic listed on those websites for the 08204 and 08251 area codes was the Rite Aid at 3301 Bayshore Rd., North Cape May, which was

The health department said the flu season in New Jersey typically peaks between late January and early February and there is still plenty of time to get vaccinated. County communications

director Lenora Boninfante said there are places in the county offering free flu vaccines and she urged people to check their local newspapers for announcements.

Otherwise, their doctors might have the vaccines on

hand or can direct patients to shots. a local clinic.

Last Tuesday, Cape Urgent Care, 900 Rt. 109, at the end of the parkway had about 100 doses and said they could get more. The flu shots there are \$25, and Medicare covers the cost for eligible individuals.

Boninfante said the county ordered fewer vaccinations than in previous years, when they had some left over. She said Cape May County is one of the only counties that continues to provide free flu

Cape Regional Medical Center provides the shots to their employees, medical staff and volunteers. They also cooperated with the county with the flu shot pro-

One reason why it's important for the elderly or people with chronic health conditions to get a flu shot is the risk of bacterial pneumonia. The County Department of

Please see Flu, Page A9

Cape May Point discusses COAH

By JANICE BROWN Cape May Star and Wave

CAPE MAY POINT - On a damp, gusty night on the far side of the latest nor easter, a dozen stalwart residents of Cape May Point came out to attend the borough commis-

sioners' monthly meeting. Although the meeting was unusually brief and the majority of the agenda items somewhat routine, the themes of beach use and endangered species, municipal government responsibilities, and affordable housing continued to be priorities. Mayor Carl Schupp announced two proclamations: November 10 -14, 2008 as 4-H week and November '08 as Caregivers of New Jersey month, both of which

were unanimously endorsed by the Board.

Amid several resolutions, the most noteworthy was Resolution 91-08. Opposition to New State-Mandated COAH Housing, which entails the increase of low income housing units to be built state-wide, some in Cape May Point. The commissioners all expressed concern that the expectations of the Council on Affordable Housing (COAH) seem to be unreasonable, especially given that preservation of existing open space and wetlands is a major concern in the borough, and Mayor Schupp added that a lawsuit the League Municipalities challenging

Please see COAH, Page A9



Lutheran Church helps stock Cape May Food Pantry

Helping to stock the food pantry at the First Presbyterian Church of Cape May were Cape May Lutheran Church members. With funds received from a Care and Community grant from the South East Jersey Shore Chapter of Trivent for Lutherans, over \$500 worth of food items were delivered. Pictured, from left to right, are William Williamson, secretary of the chapter; John Bendino, Acme grocery manager and Janice Sims, a coordinator at the Lutheran Church.

MOREY'S PIERS ANNUAL HOLIDAY SALE

SALE BEGINS DECEMBER I. 2008 AND GOES THROUGH JANUARY 9, 2009

ORDER ONLINE at www.MoreysPiers.com

Call toll-free 1-866-MOREYS I (1-866-667-3971)

7am to midnight, 7 days a week or purchase at the Blue Palms Resort lobby located at the corner of Atlantic and Lincoln Avenues, Monday through Friday, 10am to 3pm.

609.522.3900 • www.MoreysPiers.com

