Drug addict: I have to dedicate life to sobriety

Heroin user marked his year of recovery by making key choices

Editor’s note: The subject’s name has been changed to protect his identity.

By KRISTEN KELLEHER

CAPE MAY COUNTY — Broken

But the first phase of his first year of sobriety by

was from fixtures and not

showed the elevated lead

turned off and bottled water

of Douglass Memorial schools.

Maud Abrams and David C.

discovered in specific loca-

ition Feb. 10 resulting in the apprehension

Police Department initiated an investiga-

Police Department and Lower Township

Marshal’s Regional Task Force, Cape May

captured in Cape May

project would shore up Delaware Avenue

in accordance with the Department of Education

Levels, regulations, implementations

immediate remedial measures for any drinking

water outlet with a result

suffer a sense of lumping

He said he was “plagued” with
dreams in which he put high.

Brendan recalled one dream

which occurred during his second

and most recent attempt at sober

he felt nothing, he woke

feeling guilty.

Later in the day, he went to a

meeting and spoke to his spon-

or, who assured him the dream

was a good thing. It was a sign

of healing, for Brendan, will be

at least five years.

He attended four to seven meet-

ings each week. He found they

helped him “moderate pictures of the world.”

“I dedicate my life to it. I have

to talk about it all the time,” he said.

He has a hard-earned sense of self-esteem. He

uses his substance use as “running away from

himself.” He characterizes himself by a

sense of general discomfort and anxiety.

In his early days of recovery, his

sense of self-awareness. He sees

like it’s that way for a

lifelong process.

He attends four to seven meet-

ings a week.

Then when I hear

them,” he said.

In his relapse, he says, he feels like

he is wanderlust; he feels aimless.

He is introspective and “uncomfortable in the world.”

He said “I feel like that’s way for a

Drug addict, Page A4

Retests rule out water as source of elevated lead

Fountains, faucets found at fault

By JACK FICHTER

Cape May Star and Wave

COLD SPRING — Ear-

lier in the month, drinking

water in Cold Spring was

found to contain lead. An

in-depth study of the lead

in drinking water was

discovered in specific loca-

tions in Lower Township’s

Maud Abrams and Doug C.

Douglas Memorial schools.

Water faucets were

turned off and bottled water

was provided by the school

staff. Retests resulted in the

school from the school’s water

system, continued to test water

at the school and Maud Abrams

above.

In accordance with the Department

of Education

February 10. Testing samples taken at Memorial

ary School District indi-

cating that three of the 45

tests exceeded the action level established by

the Environmental Protection Agency for lead

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The subject’s

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