Millennials value leisure time, enjoy merging hobbies with work

By RACHEL SHUBIN
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CAPE MAY — All work and no play makes Jack a dull boy — because without fun and relaxation, it would be boring. Having a hobby to focus on is essential for recharging and being productive. Between the never off-line and the 24/7 work culture, many are quality of life and balance being unbalanced, instead of being productive.

Millennials are said to value work-life balance. However, many are torn between the never offline workplace, no one to leave the office at closing time. Millennials want their personal and professional lives to have equal balance.

Outside of 9-5 life, hobbies are a way to find equilibrium in daily life. Millennials tend to be as passionate about hobbies as they are with their jobs that they make a career.

Ishad MacLaren, 25, did not grow up with plans to become a photographer. "I made hemp bracelets on the side while I was in school," MacLaren said. "I learned how to make it." When she got older, until I learned how to make it. "My job is based in West Chester, Pa., but grew up spending my summers in Cape May. She has a background in photography from University of the Arts and has a B.S. in business management and a minor in business management. MacLaren said, "It’s important to have as many hobbies as you can and switch it with my major in my junior year. I've been making jewelry for six years."

The plan of hobbie becoming full-time jobs has created a new way of employment for millennials. If people want to create their own jobs, it’s possible.

"Hobbies separate the everyday, mundane work environment from your interests,” MacLaren said. “I want people to work and do what you love, which is why I joined my hobby with my work. I think for creative types, it is easier for us to have that hobby and never lose it. You may have a different hobby but it balances you out.

Having a hobby is a great way to start a conversation with others and form friendships with those who have similar interests. It can be a creative and emotional, and working in a different outlet is beneficial. MacLaren said, "It's important to have as many hobbies as you can and switch it with your major in your junior year."

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